

SECOND DEGREE BROWN BELT

REQUIREMENTS

Teen, and Adults

Student must have a minimum of 65 classes

Warm-up on your own formally with fellow test candidates. Exam will be blind-folded.

Sets Blind-folded

Set 1 - Round Kick

Set 2 - Back Fist

Set 3 - Back Fist, Round Kick

Set 4 - Jump Front Kick

Set 5 - Spinning Hook Kick

Set 6 - Blocks

Rising Block

Outside Forearm Block

Low Sweeping Block

Press Block

Set 7 - Two kata - One Weapon and one Open Hand

Set 8 - Kumite